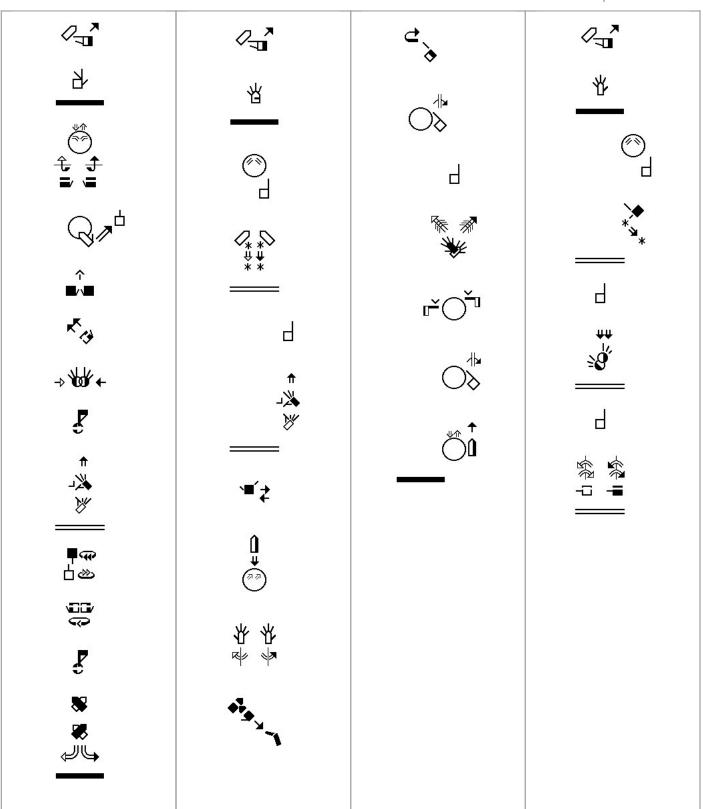
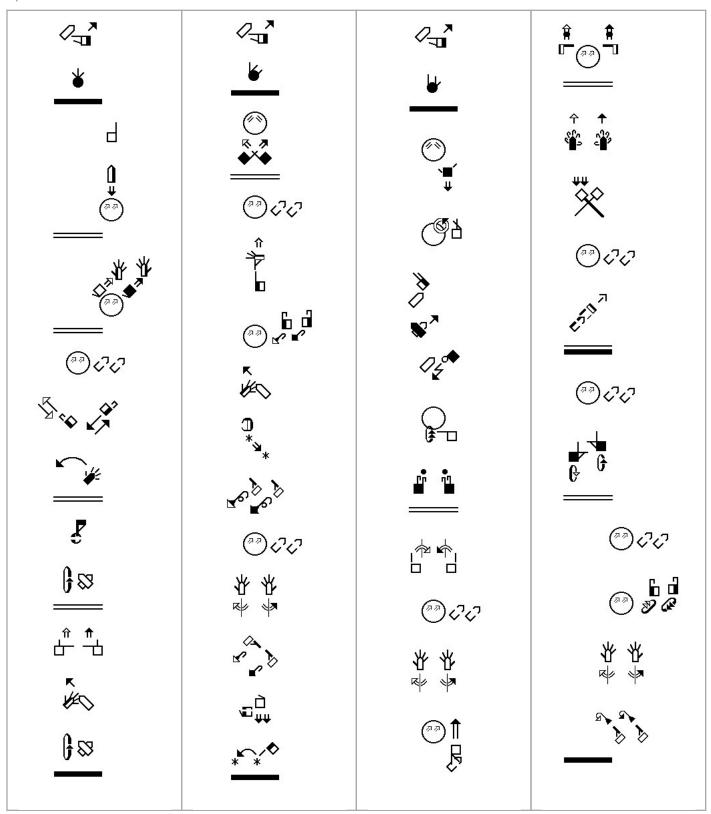


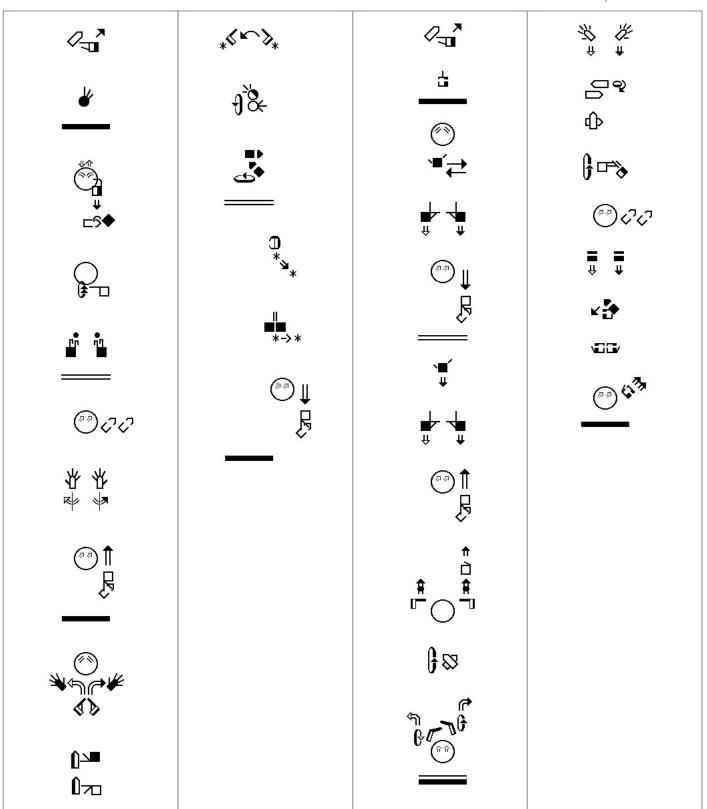
Chapter 4. Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. Verse 2. Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.



Verse 3. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. Verse 4. For there is one body and one Spirit, just as you have been called to one glorious hope for the future. Verse 5. There is one Lord, one faith, one baptism,

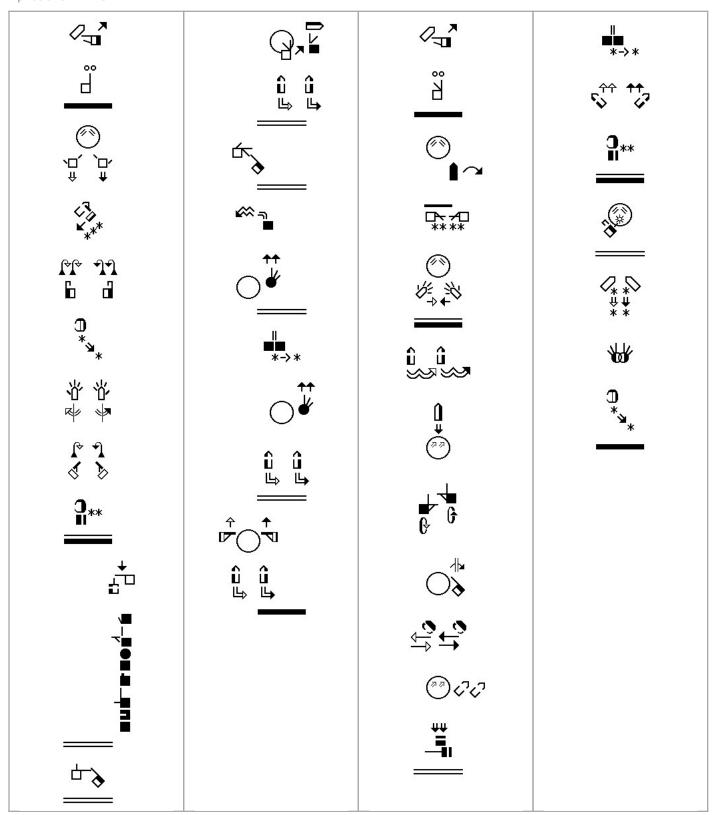


Verse 6. and one God and Father, who is over all and in all and living through all. Verse 7. However, he has given each one of us a special gift through the generosity of Christ. Verse 8. That is why the Scriptures say, "When he ascended to the heights, he led a crowd of captives and gave gifts to his people."

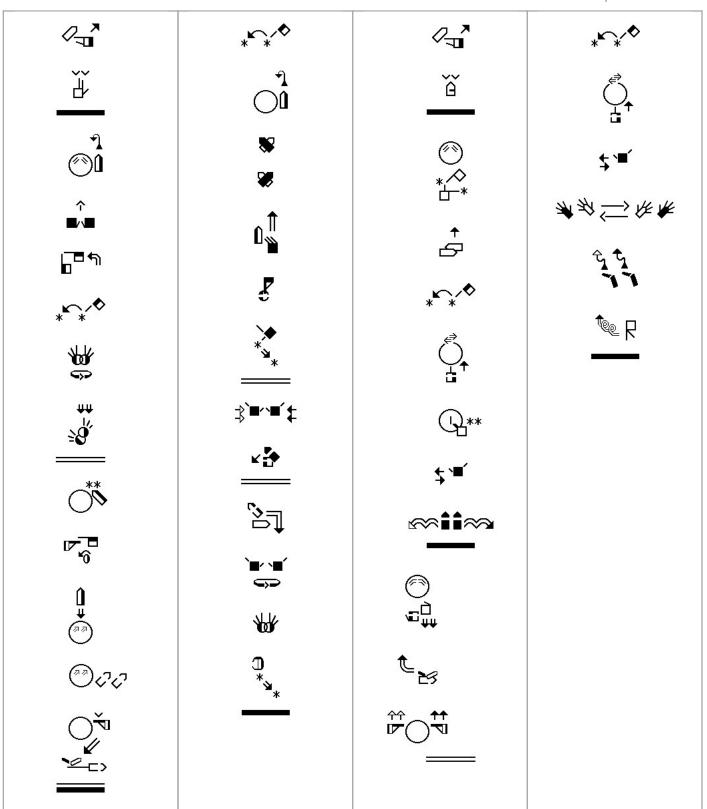


Verse 9. Notice that it says "he ascended." This clearly means that Christ also descended to our lowly world. Verse 10. And the same one who descended is the one who ascended higher than all the heavens, so that he might fill the entire universe with himself.

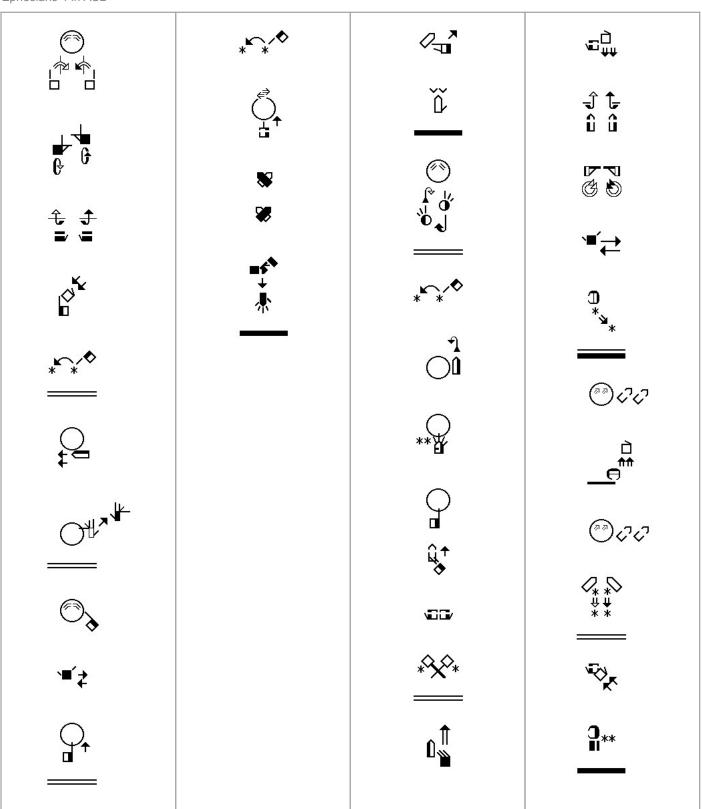
NLT



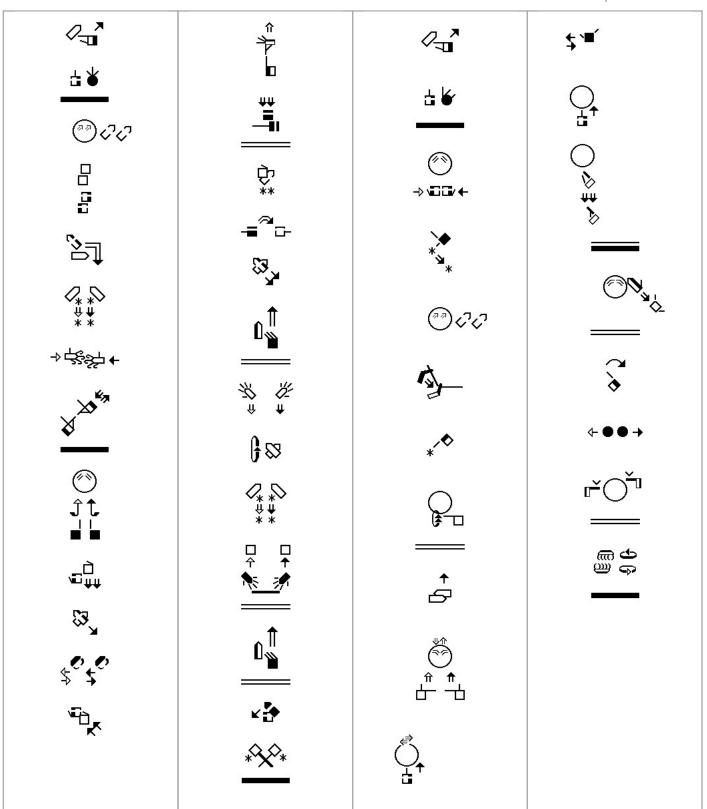
Verse 11. Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Verse 12. Their responsibility is to equip God's people to do his work and build up the church, the body of Christ.



Verse 13. This will continue until we all come to such unity in our faith and knowledge of God's Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ. Verse 14. Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching.

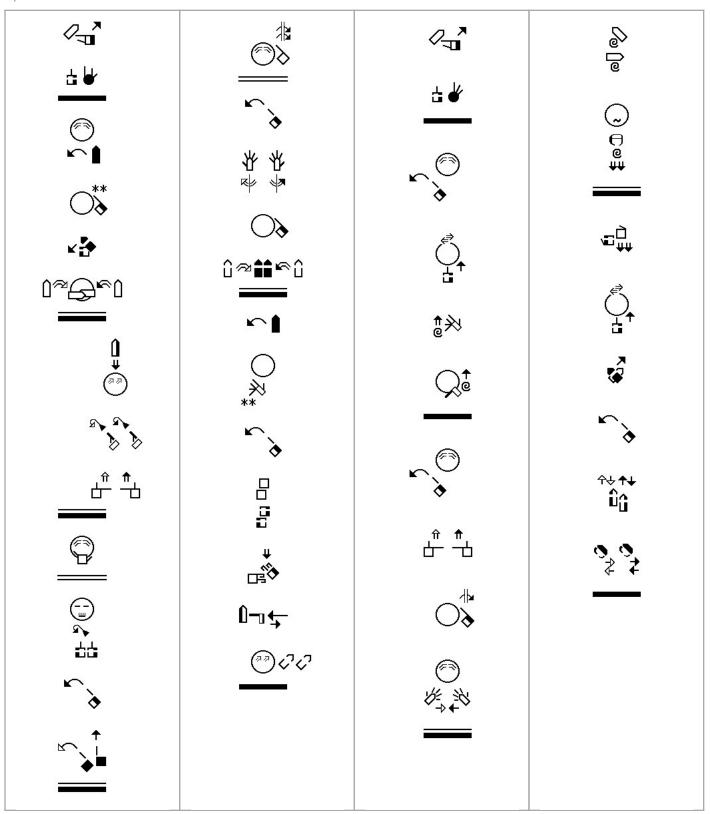


We will not be influenced when people try to trick us with lies so clever they sound like the truth. Verse 15. Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church.

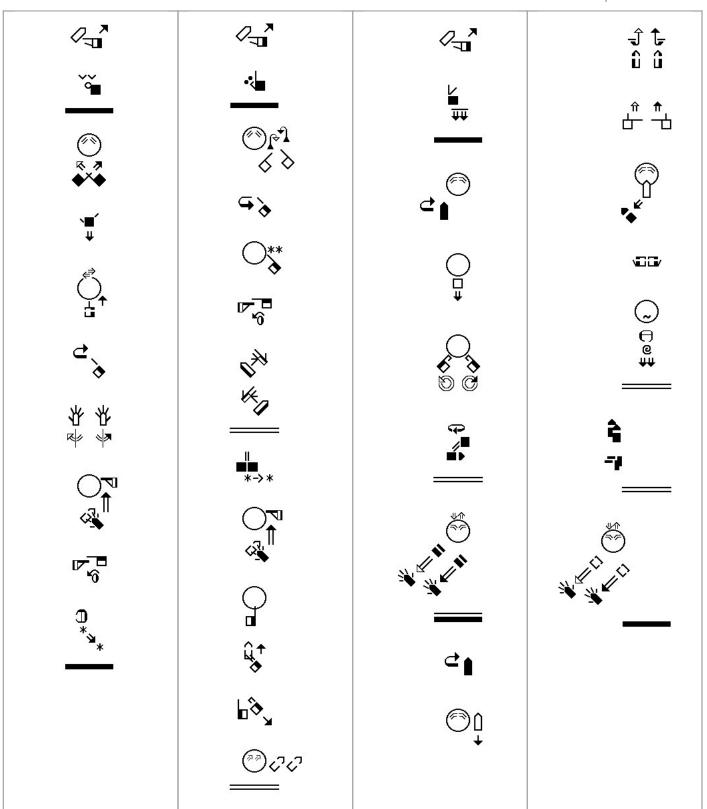


Verse 16. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow so that the whole body is healthy and growing and full of love. Verse 17. With the Lord's authority I say this: Live no longer as the Gentiles do, for they are hopelessly confused.

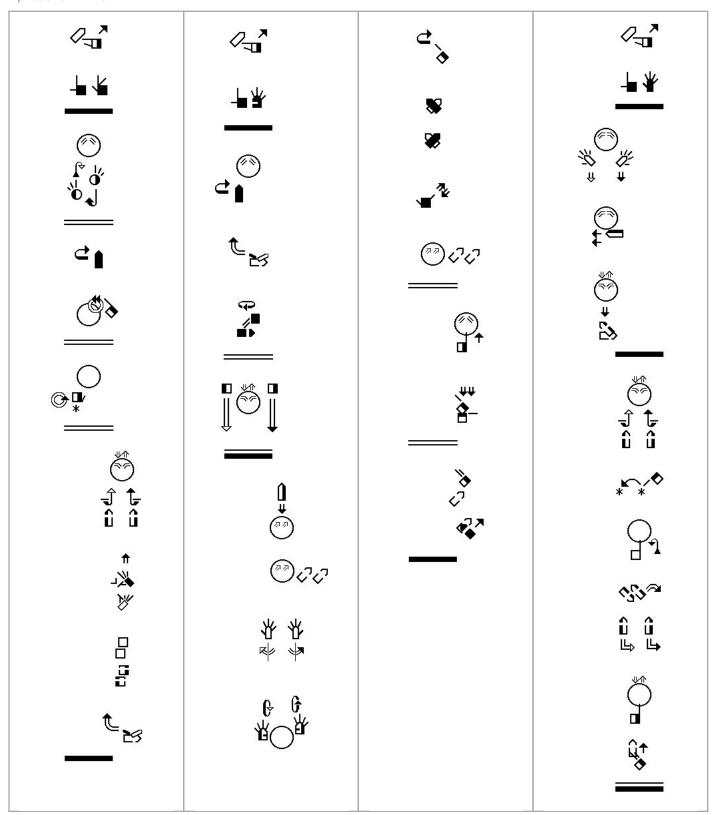
NLT



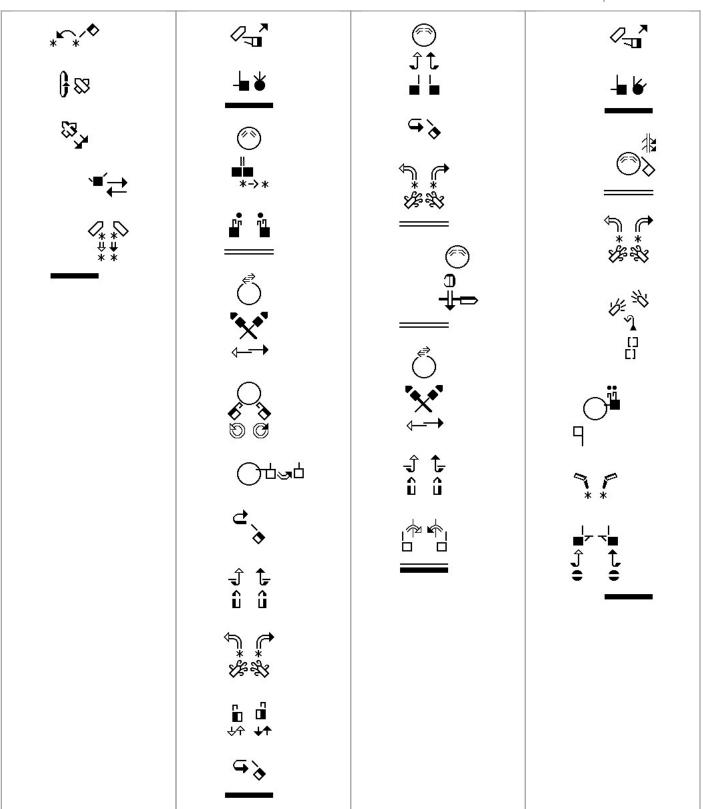
Verse 18. Their minds are full of darkness; they wander far from the life God gives because they have closed their minds and hardened their hearts against him. Verse 19. They have no sense of shame. They live for lustful pleasure and eagerly practice every kind of impurity.



Verse 20. But that isn't what you learned about Christ. Verse 21. Since you have heard about Jesus and have learned the truth that comes from him, Verse 22. throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. NLT

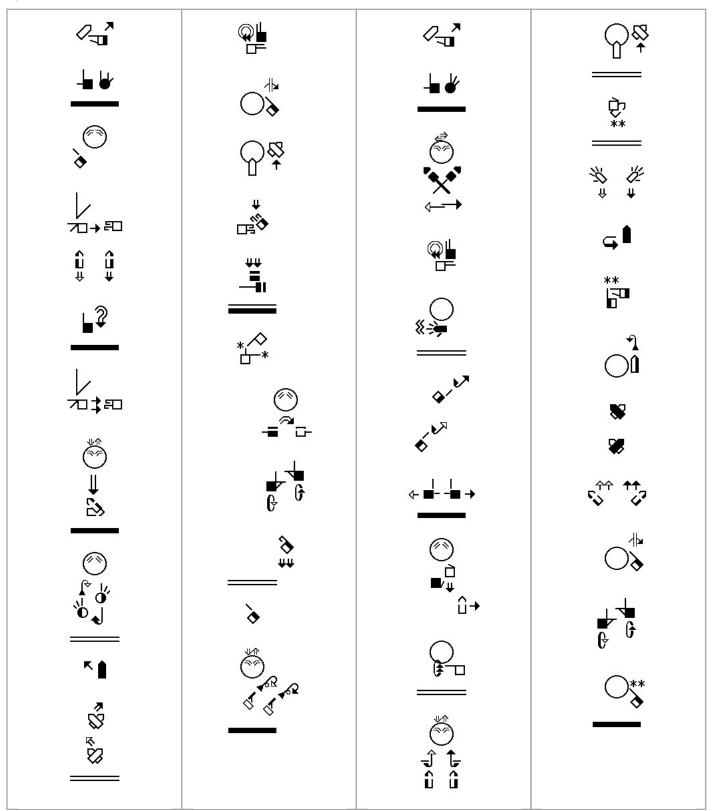


Verse 23. Instead, let the Spirit renew your thoughts and attitudes. Verse 24. Put on your new nature, created to be like God -- truly righteous and holy. Verse 25. So stop telling lies. Let us tell our neighbors the truth,

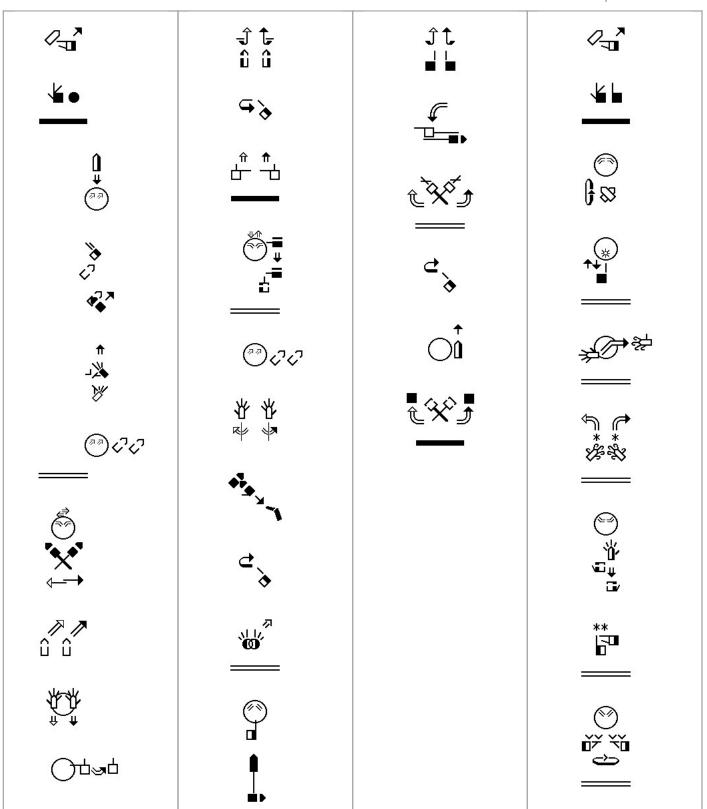


for we are all parts of the same body. Verse 26. And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, Verse 27. for anger gives a foothold to the devil.

NLT



Verse 28. If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need. Verse 29. Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.



Verse 30. And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption. Verse 31. Get rid of all bitterness, rage, anger, harsh words, and slander, NLT

Ephesians 4 in ASL

