Chapter 1. This letter is from Paul, chosen by the will of God to be an apostle of Christ Jesus. I am writing to God’s holy people in Ephesus, who are faithful followers of Christ Jesus. Verse 2. May God our Father and the Lord Jesus Christ give you grace and peace. NLT
Verse 3. All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. Verse 4. Even before he made the world, God loved us and chose
us in Christ to be holy and without fault in his eyes. Verse 5. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. NLT
Verse 6. So we praise God for the glorious grace he has poured out on us who belong to his dear Son. Verse 7. He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. NLT
Verse 8. He has showered his kindness on us, along with all wisdom and understanding.

Verse 9. God has now revealed to us his mysterious plan regarding Christ, a plan to fulfill his own good pleasure.

Verse 10. And this is the plan: At the right time he will bring everything together  

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under the authority of Christ -- everything in heaven and on earth. Verse 11. Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan.

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Verse 12. God's purpose was that we Jews who were the first to trust in Christ would bring praise and glory to God. Verse 13. And now you Gentiles have also heard the truth, the Good News that God saves you. And when you believed in Christ, he identified NLT
you as his own by giving you the Holy Spirit, whom he promised long ago. Verse 14. The Spirit is God's guarantee that he will give us the inheritance he promised and that he has purchased us to be his own people. He did this so we would praise and glorify him. NLT
Verse 15. Ever since I first heard of your strong faith in the Lord Jesus and your love for God's people everywhere, Verse 16. I have not stopped thanking God for you. I pray for you constantly, Verse 17. asking God, the glorious Father of our Lord Jesus Christ, NLT
to give you spiritual wisdom and insight so that you might grow in your knowledge of God. Verse 18. I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called -- his holy people who are his rich and glorious inheritance. NLT
Verse 19. I also pray that you will understand the incredible greatness of God's power for us who believe him. This is the same mighty power Verse 20. that raised Christ from the dead and seated him in the place of honor at God's right hand in the heavenly realms. NLT
Verse 21. Now he is far above any ruler or authority or power or leader or anything else -- not only in this world but also in the world to come. Verse 22. God has put all things under the authority of Christ and has made him head over all things for the benefit of the church. NLT
Verse 23. And the church is his body; it is made full and complete by Christ, who fills all things everywhere with himself. NLT