How to change keyboards to different languages in Windows XP

1. Go to the control panel

2. Open Regional and Language Options
3. Choose the language(s) that you wish to be able to type

4. Click apply after each language selection
   (Notice the EN in the toolbar. That is your current keyboard language.)
5. You can now use the left alt and shift key to change keyboards.

(Notice that the EN is now change to PT. That means that the keyboard language is now Portuguese.)