Chapter 10. In the third year of the reign of King Cyrus of Persia, Daniel (also known as Belteshazzar) had another vision. He understood that the vision concerned events certain to happen in the future -- times of war and great hardship. Verse 2. When this vision came to me, I, Daniel, had been in mourning for three whole weeks.
Verse 3. All that time I had eaten no rich food. No meat or wine crossed my lips, and I used no fragrant lotions until those three weeks had passed. Verse 4. On April 23, as I was standing on the bank of the great Tigris River, Verse 5. I looked up and saw a man dressed in linen clothing, with a belt of pure gold around his waist.

NLT
Verse 6. His body looked like a precious gem. His face flashed like lightning, and his eyes flamed like torches. His arms and feet shone like polished bronze, and his voice roared like a vast multitude of people. NLT
Verse 7. Only I, Daniel, saw this vision. The men with me saw nothing, but they were suddenly terrified and ran away to hide. Verse 8. So I was left there all alone to see this amazing vision. My strength left me, my face grew deathly pale, and I felt very weak. NLT
Verse 9. Then I heard the man speak, and when I heard the sound of his voice, I fainted and lay there with my face to the ground. Verse 10. Just then a hand touched me and lifted me, still trembling, to my hands and knees.

NLT
Verse 11. And the man said to me, "Daniel, you are very precious to God, so listen carefully to what I have to say to you. Stand up, for I have been sent to you." When he said this to me, I stood up, still trembling. Verse 12. Then he said, "Don't be afraid, Daniel. Since..."
the first day you began to pray for understanding and to humble yourself before your God, your request has been heard in heaven. I have come in answer to your prayer. Verse 13. But for twenty-one days the spirit prince of the kingdom of Persia blocked my way. Then Michael, one of the archangels, came to help me,
and I left him there with the spirit prince of the kingdom of Persia. Verse 14. Now I am here to explain what will happen to your people in the future, for this vision concerns a time yet to come.” Verse 15. While he was speaking to me, I looked down at the ground, unable to say a word.

NLT
Verse 16. Then the one who looked like a man touched my lips, and I opened my mouth and began to speak. I said to the one standing in front of me, "I am filled with anguish because of the vision I have seen, my lord, and I am very weak. Verse 17. How can someone like me, your servant, talk to you,
my lord? My strength is gone and I can hardly breathe." Verse 18. Then the one who looked like a man touched me again, and I felt my strength returning. Verse 19. "Don't be afraid," he said, "for you are very precious to God." NLT
Peace! Be encouraged! Be strong!” As he spoke these words to me, I suddenly felt stronger and said to him, “Please speak to me, my lord, for you have strengthened me.”

Verse 20. He replied, “Do you know why I have come? Soon
I must return to fight against the spirit prince of the kingdom of Persia, and after that the spirit prince of the kingdom of Greece will come. Verse 21. Meanwhile, I will tell you what is written in the Book of Truth. (No one helps me against these spirit princes except Michael, your spirit prince.)

NLT